

JOB ANALYSIS: ESTHETICIAN

GENERAL JOB INFORMATION

1. **Job Tasks**
Perform all services relative to skin care treatments, including but not limited to, facials with and without the use of skin care machines, massage, chemical facial peels, eyebrow arching and hair removal, and makeup techniques.
2. **Work Devices** (Machines, tools, equipment)
Skin care machines, some with hand-held units and/or attachments; Mixing and dispensing skin care product, makeup, etc., using bowls, applicators, containers.

PHYSICAL DEMANDS

FREQUENCY KEY

Constantly	(C)	67% - 100% of daily schedule
Frequently	(F)	33% - 67% of daily schedule
Occasionally	(O)	< 33% of schedule
Seldom	(S)	occurs less than 1x/day
Not Present	(NP)	activity or condition d/not exist

1. General Body Movements

STANDING: Frequency = (F)

Surface = Tiled floor

Activity = Back massage; makeup application; mixing products.

WALKING: Frequency = (F)

Surface = Tiled floor

Distance = Short distances within clinic area; not more than a few feet at a time.

SITTING: Frequency = (F)

Chair Type = Stools, tall or low frame based on service performed.

Activity = Facials; makeup application.

BENDING: Frequency = (F)

Activity = Massage techniques

CROUCHING/SQUATTING = (O)

KNEELING = (S)

CRAWLING = (NP)

CLIMBING = (O)

BALANCING = (O)

2. Upper Body Movements

NECK FLEXION/EXTENSION

Frequency = (F)

Activity = Performance of body massage and facial treatments.

ROTATION/LATERAL TILT

Frequency = (F)

Activity = Adjusting equipment.

REACHING Frequency = (F)

Activity = Inventory; gathering supplies in cupboards.

WRIST FLEXION/EXTENSION

Frequency = (F)

Activity = Massage

HANDLING Frequency = (F)

Activity = Massage

GROSS MANIPULATION = (F)

SIMPLE GRASPING/

FIRM GRASPING = (F)

WRIST ROTATION = (F)

FINGERING Frequency = (F)

Activity = Makeup application; facials.

TWISTING Frequency = (F)

Activity = Makeup applications/facials.

3. **Lifting/Carrying/Pushing/Pulling**

LIFTING/LOWERING

Frequency = (F)

Activity = Products; Hand-held skin care machines not weighing in excess of 15 pounds.

CARRYING Frequency = (F)

Activity = Products, water bowls, etc.; not over 15 lbs.

PUSHING/PULLING

Frequency = (F)

Activity = Facial manipulations

4. **Coordination (eye, hand, foot)** = (F)

5. **Driving** = (NP)

6. **Communication/Sensory Input**

VISION Frequency = (F)

Activity = Color discrimination/Makeup

HEARING Frequency = (F)

Activity = Client consultation; tones emitted by machines.

TALKING Frequency = (F)

Activity = Giving instructions, communication/interaction with client.