

ESTHETICS COURSE OUTLINE – MANHATTAN

This is a course of study in the services, theories and principles of Esthetics. The minimum length of the course is 1000 clock hours. The program length for the Day Schedule is 29 weeks. Bellus Academy esthetic students are trained using the Bellus Academy System of education, which utilizes verbal, written, visual and hands-on instruction throughout the classroom and clinic floor practicum. Along with high-quality technical training students will learn career development skills such as client consultation, business tracking systems, and marketing strategies as well as receiving Financial Literacy training. Listed below are units of study requirements for Kansas technical and practical criteria. Our curriculum meets or exceeds the minimum standards.

COURSE OBJECTIVES:

1. To successfully prepare the student to pass the exam.
2. To prepare students for entry level employment
3. To develop personality skills as well as mechanical skills suitable for the field of Esthetics
4. To develop marketing and sales skills to become a successful Esthetician.

METHODS OF INSTRUCTION SHALL INCLUDE:

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| 1. Lecture | 5. Video |
| 2. Teaching aids | 6. Demonstration |
| 3. Testing (oral/written) | 7. Role-Play |
| 4. Student participation in practice | |

UNITS OF STUDY:

The following units of study are established in our esthetics program. Listed below the topics are the subject descriptions that incorporate all areas required by the State Board of Cosmetology for licensure. Following the subject description section is a list of items/ areas covered in each subject. An esthetics student shall not work on the public until the student has completed 130 hours of training.

<u>Subject:</u>	<u>Minimum Theory Hours</u>	<u>Minimum Practice Hours</u>	<u>Minimum Procedures</u>
(1) <i>Infection Control – 60 Hours</i>	10	50	
(a) Public Health (Sanitation, disinfection, sterilization)			
(b) Universal Precautions (Cross contamination, and blood borne pathogens)			
(2) <i>Skin Anatomy and Physiology – 200 Hours</i>	200		
(a) Structure and Function of the body System and Nerves			
(b) Dermatology			
(c) Cosmetic Chemistry			
(d) Pharmacology			
(e) Nutrition			
(3) <i>Skin Analysis and Consultation – 120 Hours</i>	80	40	
(a) Skin types and conditions			
(b) Contraindications and safety measures			
(c) Health screening			
(d) Consultation, post consultation and home care			
(e) Skin Analysis Equipment			
(4) <i>Skin Treatments (including 80 facials)– 240 Hours</i>	120	120	80 facials
(a) Cleansing techniques			
(b) Exfoliation--Mechanical & Chemical (enzymes, hydro-aphoxy)			
(c) Extraction--Without lancet			
(d) Conditioning			
(e) Masque therapy			
(f) Protection			
(g) Massage			
(h) Basic facial equipment and safety--Steamer, brush machine			
(5) <i>Body Treatments (including 10 body treatments) – 40 Hours</i>	20	20	10

(a) Back and chest			
(b) Body wrap			
(c) Body exfoliation			
(d) Hydrotherapy (theory only)			
(6) <i>Advanced Skin Treatments (including 45 advanced skin treatments) – 140 Hours</i>	80	60	45
(a) Advanced exfoliation			
(b) Extractions using a lancet			
(c) Microdermabrasion			
(d) LED			
(e) Chemical exfoliation--Gessner's and AHA's			
(f) Microcurrent and other electrical treatments			
(g) Equipment for advanced skin treatments-- Microdermabrasion, microcurrent, LED, mechanical			
(7) <i>Temporary Hair Removal – 40 Hours</i>	10	30	40 facial waxes 10 body waxes
(a) Tweezing			
(b) Waxing			
(c) Depilatories			
(d) Sugaring			
(e) Threading			
(f) Contraindications and safety			
(8) <i>Make-up (including 25 make-up practices) – 60 Hours</i>	20	40	25
(a) Purpose and effects			
(b) Eyebrow and eyelash services			
(c) Corrective			
(d) Camouflage			
(9) <i>Business Practices – 30 Hours</i>	30		
(a) Business planning			
(b) Client records			
(10) <i>State Law – 20 Hours</i>	20		
(11) <i>Student Specific Needs – 50 Hours</i>	50		
(a) Additional training			
Total Hours – 1000			

ESTHETICS GRADING POLICY:

The school maintains complete records on each student or graduate for reference as required by the State. All students receive a complete theory and practical test (Mock Board) after approximately 550 hours. It simulates actual Program's procedure and constitutes a final exam. Individual tutoring, if needed, is available in preparation for the state exam. Each student is graded on their theory and practical work, attendance, appearance, and attitude. The grading used is as follows:

93 – 100	EXCELLENT
85 – 92	VERY GOOD
75 – 84	SATISFACTORY
74 and BELOW	UNSATISFACTORY

Written progress reports are maintained by the Academy. Students receive progress reports that must be signed and kept in their file at least two (2) times during their program. Informal progress reports are distributed monthly so students can keep track of their progress. Additional progress reports may be issued to students as requested or on an as needed basis determined by the instructor.

OCCUPATIONAL TITLES

Estheticians will enter the field as estheticians, sometimes known as facialists or skin care technicians.

CLASS AVAILABILITY

Classes are conducted, in residency Monday through Friday, 9:00 a.m. – 4:30 p.m. for day students. New class starts are scheduled monthly.

REQUIRED TEXTS

Milady Standard Esthetics Fundamentals, 10th edition, and Workbook, published by Cengage Learning; ISBN-13: 978-1-4283-1892-2; included in the tuition cost. Botox/Dysport/Dermal Fillers, Milady/Cengage; ISBN-13:978-1-4354-2864-4; Peels and Peeling Agents, Milady/Cengage; ISBN-13:978-1-4354-3866-8; included in the kit cost.

LANGUAGE

The course is conducted in the English language.